

WHAT'S HAPPENING AT COMMUNITY HOUSE

As we head into the final stretch of the year, Term 4 is bursting with activity, warmth, and festive cheer.

Whether you're here to learn, share, or connect - there's something for everyone!

Exercise classes, mental health support, social groups, kid's activities, courses, events, food relief, Men's Shed and The Community Garden are just some of the things that we proudly provide here at Rochester Community House.

These types of services and the importance of them is why Neighbourhood Houses Victoria have launched their new campaign asking for more support.

"Keep our doors open – strong communities start here!"

Neighbourhood Houses have faced rising costs, increasing community need and an erosion of core funding. Around half of all Neighbourhood Houses in Victoria are running at a loss. It's simple: without sustainable funding, our doors will close. With fair funding, we will continue to be the safe, welcoming places every Victorian community needs.

Please support us by collecting a postcard from Community House to send to the minister asking for their support!

KEEP OUR DOORS OPEN

Show your Support!



Neighbourhood
Houses Victoria™

nhvic.org.au/2526-campaign



REGULAR HAPPENINGS

Monday

Wellbeing with Bern
9am Strength & Balance
9am- 1pm Men's Shed
6pm Community Dinner

Tuesday

9am Men's Strength & Balance
10am - 12pm Playgroup
11am - 12pm FoodShare
3.15pm T.O.W.N Club

Wednesday

10am - 12pm Crochet
12pm Pickleball

Thursday

Wellbeing with Bern
9am Men's Shed
11am - 12pm FoodShare

Friday

9am Men's Shed

We would like to acknowledge that October can be a challenging month for members of our community.

If you, or someone you know are in need of support, please reach out to the team at Community House. "Stronger Together"

\$100 POWER SAVING BONUS

FOR ELIGIBLE CONCESSION CARD HOLDERS

VISIT US FOR ASSISTANCE:

Call in to Rochester Community House from 25th of August and bring with you:

- A recent power bill
- Medicare card
- Concession card
- Bank details



Neighbourhood Houses Victoria™



ROCHY MEN'S SMOKE 'N ROAST

CHANGE OF DATES!

SUNDAY OCTOBER 26TH 12PM

JOIN US FOR OUR FREE MEN'S BIG LUNCH

SUNDAY OCTOBER 26TH 12PM - 4PM

LUNCH INCLUDED & DRINKS AT BAR PRICES!

ROCHESTER RACECOURSE RECREATION RESERVE, (4P'S) CONTACT ROCHESTER COMMUNITY HOUSE FOR MORE INFORMATION - (03) 5484 3600

SCAN TO BOOK!



**STRENGTH
&
BALANCE
WITH GOAT**

Monday's 9am
Cost - \$5
**Rochester Shire
Hall**

ROCHESTER COMMUNITY HOUSE

GO-AT FITNESS
Quality Training
Personalised Programs
Small Groups or One-on-One Training

**MEN'S STRENGTH
& BALANCE**

**ROCHESTER SHIRE
HALL**
TUESDAY'S 9AM
\$5 PER CLASS

**ROCHESTER
FOOD SHARE**

**FOOD
SHARE**

**Tuesday's & Thursday's
11am to 12pm**

Entry via the courtyard and hall.
Everyone welcome to *free* Tea and Coffee
from 10:15am inside the Shire Hall
Please note - no early entry permitted

**ROCHESTER SHIRE HALL
43 MACKAY STREET
(03) 5484 3600**

**COMMUNITY
DINNERS**

**MONDAY
NIGHTS
6PM**

\$10 per person - Kids eat Free
Different venues each week
Bookings essential through
Rochester Community House

**MADE POSSIBLE
BY...**

ROCHESTER COMMUNITY HOUSE
**RBN
ROCHESTER
BUSINESS NETWORK**
**Campaspe
Shire Council**

ROCHESTER COMMUNITY HOUSE
Meet | Learn | Share | Support

Wellbeing with Bern

**IT'S OKAY
TO ASK FOR HELP**

Monday's & Thursday's

0354843600 or 0490864075
rochy@communityhouse.org.au

ROCHESTER COMMUNITY HOUSE
Meet | Learn | Share | Support

**Rochester Community
Men's Shed**

**Monday's - Community Day
Thursday's - Men's Day
Friday's - Ladie's Day
9am - 1pm**

**Located at the rear of Rochester &
Elmore District Health Service.**
**For more information, please contact
Rochester Community House.**

KEY UPCOMING DATES

October

7th Carers Support

16th Rotary Community Chat

17th & 18th OK Motels Event

18th Town Market

25th Show and Shine

26th Smoke N Roast

29th Cheese Making

Workshop

November

1st - Town Garage Sale

20th Rotary Community Chat

December

1st - 18th X-mas tree display

5th - X-mas Town Market

18th Rotary Community Chat

DON'T FORGET!



SCAN ME

-Receive essential information about Rochester during emergencies.
-Stay up to date with what's happening at Rochester Community House.

SIGN UP FOR LOCAL SMS ALERTS!



Cheesemaking Workshop

October 29th 2025
2pm - 3pm

Join Barry for a 60 minute cheesemaking workshop where you will learn to make Mozzarella, Paneer and Ricotta.

\$35 perperson
Held at the Rochester Shire Hall
Registrations are essential as places are limited, contact Rochester Community House to secure your spot!
(03)5484 3600
rochy@communityhouse.org.au

What can we help you with?

- Working With Children Check
 - Birth & Marriage Certificates
 - Basic Tech Support
 - Resumes & Cover Letter's*
- Appointments essential, please contact Jodi to book.
- *Fees apply
- Walk in services include: printing, scanning, emailing, laminating & computer use.

Rochester Community House

43 Mackay Street,

Rochester

Open Monday - Thursday

9am - 4pm

03 54843600

rochy@communityhouse.org.au